



Probation Service Definition

ADMINISTRATIVE OFFICE OF PROBATION

SERVICE NAME	Medication Management <input type="checkbox"/> Adult <input checked="" type="checkbox"/> Juvenile
Category	Mental Health
Setting	Professional office environment in a mental health center, substance use treatment center, hospital, or private practice appropriate to the provision of evaluation/assessment services.
Facility License	As required by Nebraska Department of Health and Human (NDHHS) division of public health if in a mental health center, the center must be licensed by the Nebraska Department of Health and Human Services, Division of Public Health.
Service Description	Medication management is a psychiatric/mental health/medical intervention used to reduce/stabilize and/or eliminate psychiatric symptoms through pharmacologic management with the goal of improved functioning, including management and reduction of psychiatric symptoms. Medication management by a qualified prescriber is the initial evaluation of the youth's need for psychotherapeutic medications and the provision of a prescription, as needed. During medication management, there is ongoing medical monitoring/evaluation related to the youth's use of the psychotherapeutic medication, and education about those medications for the youth and family.
Service Expectations	<p>This service will include the following:</p> <ul style="list-style-type: none">• Medical evaluation of the youth's need for pharmacological intervention to address psychiatric/mental health symptoms as documented in the initial psychiatric evaluation.• An assessment has previously been conducted and a recommendation for medication assessment is requested because a behavioral health condition was identified and focused on the need for possible psychotherapeutic medication.• Identification of psychotherapeutic medication(s) that will help stabilize a youth's behavioral health symptoms.• Prescription of medications will include consideration of allergies, substance use, current medications, medical history, physical status and other pertinent information.• Routine monitoring of the medication prescription, symptoms, side effects, lab work if required to monitor physical effects of medication, administration and supervision.

	<ul style="list-style-type: none"> • Inform youth/parent/guardian and family regarding medication, side effects so that they can effectively participate in decisions concerning medication that is administered to the youth. • Coordination of care with all medical and behavioral health providers; the prescriber shall coordinate care with the youth's primary medical provider. • Prescriber providing medication management services will encourage the use of medications that do not require prior authorization. • When there are barriers to obtaining prescribed medication assist youth/family in obtaining prescribed medications. • Prescriber shall provide the youth/family written safety/crisis plan.
Service Frequency	Varies - 1 session per month, re-evaluated at 2-3 months, as necessary. Length of time to evaluate pharmacological needs ranges from 30-45 minutes; ongoing medication monitoring ranges no longer than 15-30 minutes as directed by the prescriber on an individual basis.
Length of Stay	As often, and for as long as deemed medically necessary and youth/guardian continues to consent. Average length of stay under the oversight of the prescribing medical professional is 1-3 years.
Staffing	<p>A prescribing medical professional must maintain a current license as directed by NDHSS:</p> <ul style="list-style-type: none"> • Advanced Practice Registered Nurse (APRN) • Physician Assistant • Psychiatrist or
Staff to Client Ratio	Prescribing medical professional to youth caseload of 1:300 active youth.
Hours of Operation	In an office setting during day or evening hours, or by special appointment at other hours, if necessary.
Service Desired Outcomes	<ul style="list-style-type: none"> • Youth education pertaining to the medication to support the individual in making an informed decision for its use • Well-informed/educated individuals and family members • Decreased/minimized symptoms and improved/maintained functioning for individuals receiving the service
Unit and Rate	Per ¼ hour = 1 unit; initial appointment may take up to 3-4 units; succeeding monitoring will only need 1-2 units.

[Click to direct to Service Interpretive Guideline]

